

Dr. Stuart Berger, a nutritionist, claimed that he had the formula for living past the century mark. Although he had supposedly found the secret of youthfulness and had convinced many to follow his advice, he died in his sleep at the age of 40, grossly overweight.



Jim Fixx

Then there was author Jim Fixx, who advocated running to prevent coronary trouble. Yet at the age of 52 he died of a heart attack--yes, ironically, while running.

Common sense dictates that we ought to take every possible measure to keep ourselves healthy. But in the final analysis, each of us must pray, "I trust in You, O Lord . . . My times are in Your hand" (Ps. 31:14-15).

Because any day, even today, may be our final day on earth, we need to be sure that we are ready to depart. Are you? --VCG

(Romans 10:13) "For "whoever calls on the name of the LORD shall be saved."

**If we are prepared to die,  
we are prepared to live.**

**Pastor: Wayne Robilliard Ph: 4758 8778.**

*Please feel free to contact the Pastor for any needs you may have, queries, or questions about our church family.*

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## Central Mountains Baptist Church

# 19 JULY, 2009

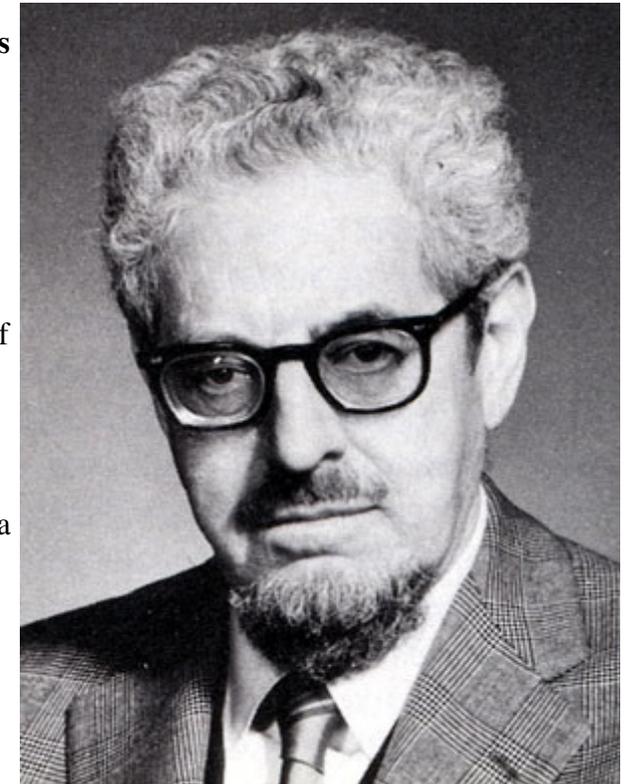
### *Information for Visitors.*

- \* We're glad you're here. Sit back, relax, and enjoy the service. You're very welcome to join us for a cuppa after church.
- \* a Cubbies programme is normally provided, during the sermon for the **toddler to Kindy age bracket.**

## Will You Live To Be 100?

**What is your life? It is  
even a vapor that appears  
for a little time and then  
vanishes away  
--James 4:14**

Magazine publisher J. I. Rodale, (pictured) a zealous advocate of health foods, claimed at the age of 72 that he would live to be 100. The same week that his prediction appeared in The New York Times, he was being interviewed for a television program, again claiming that his bones were as strong as ever. Moments after making his boast, he died of a heart attack. ...



# Jungle Doctor

**(Deuteronomy 6:5)** *"You shall love the LORD your God with all your heart, with all your soul, and with all your strength."*

**(James 2:10)** *"For whoever shall keep the whole law, and yet stumble in one point, he is guilty of all."*

**(Exodus 20:16)** *"You shall not bear false witness against your neighbor."*

**(Exodus 20:15)** *"You shall not steal."*

**(Exodus 20:12)** *"Honor your father and your mother, ....*

**{13}** *"You shall not murder."*

**(Matthew 5:28)** *"But I say to you that whoever looks at a woman to lust for her has already committed adultery with her in his heart."*

**(Romans 3:23)** *"for all have sinned and fall short of the glory of God,"*

**(Romans 3:10-12)** *"...: 'There is none righteous, no, not one; {11} There is none who understands; There is none who seeks after God. {12} They have all turned aside; ... There is none who does good, no, not one.'"*

**(Isaiah 59:2)** *"But your iniquities have separated you from your God; And your sins have hidden His face from you, So that He will not hear."*

**(Isaiah 53:6)** *"All we like sheep have gone astray; We have turned, every one, to his own way; ..."*

**(Matthew 5:4)** *"Blessed are those who mourn, For they shall be comforted."*



**(Isaiah 55:7)** *"Let the wicked forsake his way, And the unrighteous man his thoughts; Let him return to the LORD, And He will have mercy on him; And to our God, For He will abundantly pardon."*

**(1 John 1:9)** *"If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness."*

**(1 Thessalonians 1:9)** *"...what manner of entry we had to you, and how you turned to God from idols to serve the living and true God,"*

**(Job 42:6)** *"Therefore I abhor myself, And repent in dust and ashes."*

**(Ezekiel 18:30)** *"... 'Repent, and turn from all your transgressions, so that iniquity will not be your ruin.'"*

**(Matthew 3:2)** *"... 'Repent, for the kingdom of heaven is at hand!'"*

**(Matthew 4:17)** *"... 'Repent, for the kingdom of heaven is at hand.'"*

**(Acts 2:38)** *"... 'Repent, and let every one of you be baptized in the name of Jesus Christ for the*



*remission of sins; and you shall receive the gift of the Holy Spirit."*

**(James 4:14-15)** *"..you do not know what will happen tomorrow. For what is your life? It is even a vapor that appears for a little time and then vanishes away. {15} Instead you ought to say, 'If the Lord wills, we shall live and do this or that.'"*

**(2 Corinthians 6:2)** *"... Behold, now is the accepted time; behold, now is the day of salvation."*

**(1 Corinthians 10:4)** *".. For they drank of that spiritual Rock that followed them, and that Rock was Christ."*

**(John 14:6)** *"... 'I am the way, the truth, and the life. No one comes to the Father except through Me.'"*

**(John 14:7-9)** *"'If you had known Me, you would have known My Father also; and from now on you know Him and have seen Him.' {8} Philip said to Him, 'Lord, show us the Father, and it is sufficient for us.' {9} Jesus said to him, 'Have I been with you so long, and yet you have not known Me, Philip? He who has seen Me has seen the Father; so how can you say, 'Show us the Father'?"*

**(Luke 19:10)** *"'for the Son of Man has come to seek and to save that which was lost.'"*

**(2 Corinthians 5:21)** *"For He made Him who knew no sin to be sin for us, that we might become the righteousness of God in Him."*

**(1 Peter 2:24)** *"who Himself bore our sins in His own body on the tree, that we, having died to sins, might live for righteousness; by whose stripes you were healed."*

**(Romans 10:9)** *"that if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved."*

**(Romans 10:13)** *"For 'whoever calls on the name of the LORD shall be saved.'"*

**(Psalms 40:2)** *He also brought me up out of a horrible pit, Out of the miry clay, And set my feet upon a rock, And established my steps.*

**(Psalms 40:1-4)** *"I waited patiently for the LORD; And He inclined to me, And heard my cry. {2} He also brought me up out of a horrible pit, Out of the miry clay, And set my feet upon a rock, And established my steps. {3} He has put a new song in my mouth; Praise to our God; Many will see it and fear, And will trust in the LORD. {4} Blessed is that man who makes the LORD his trust, ..*

**(John 15:13)** *"'Greater love has no one than this, than to lay down one's life for his friends.'"*

