

so he could determine who fit the requirements. He was looking for help.

There is a huge difference between what that fast-food manager did and what we should do when we need help. We don't have to put out a Help Wanted sign.

According to our Bible reading for today, if we are followers of Jesus Christ we already have help within. We have the Spirit of God to give us assistance. He is ready, willing, and able to help us in our times of need. He even assists us when we try to tell God what we need and we're so confused that we don't even know what it is (Romans 8:26-27).

If help is wanted in your life today, inquire within--turn to the Holy Spirit. --KD

REFLECTION

- How has the Spirit within helped me in the past?
- What do I need help with today? Tomorrow? This week?
- What are some things I learn about the Holy Spirit through studying Romans [8:9-27](#)?

When you need help outside, look to the Spirit inside.



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Central Mountains Baptist Church

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Where To Go for Help

Imagine that you just moved to a new city. You have to make new friends, but you don't know where to start. The loneliness begins to surround you. Help!

Or suppose one of your parents is an alcoholic. He or she comes home drunk one night, verbally abuses you, and threatens you physically. Help!

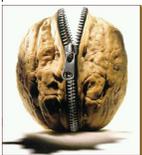
Picture yourself eating lunch with some acquaintances when the topic turns to religion. One of them asks you why you believe in Jesus. You know that most of the people at the table are not Christians. Help!

Sometimes we are desperate for help. We look around for some source to pull us through the tough times. But where do we go? How do we know what to do? What gives us the strength to do what is right?

I thought about this issue the other day as I drove past a restaurant. Out by the road was a sign that read, Help Wanted.

Inquire Within. The restaurant manager was obviously trying to fill a need (most likely at minimum wage), and he wanted people to come in





Romans: Truth in a Nutshell

(unzipped for you)

Blessings in the Spirit II

In Romans 8:23-30 we can add a further three blessings of life in the Spirit:

1. New _____,
verses 21-23

(Isaiah 11:6-9) *"The wolf also shall dwell with the lamb, The leopard shall lie down with the young goat, The calf and the young lion and the fatling together; And a little child shall lead them. {7} The cow and the bear shall graze; Their young ones shall lie down together; And the lion shall eat straw like the ox. {8} The nursing child shall play by the cobra's hole, And the weaned child shall put his hand in the viper's den. {9} They shall not hurt nor destroy in all My holy mountain, For the earth shall be full of the knowledge of the LORD As the waters cover the sea."*



(Revelation 19:20-21) *"Then the beast was captured, and with him the false prophet who worked signs in his presence, by which he deceived those who received the mark of the beast and those who worshiped his image. These two were cast alive into the lake of fire burning with brimstone. {21} And the rest were killed with the sword which proceeded from the mouth of Him who sat on the horse. And all the birds were filled with their flesh." (Revelation 20:1-4) "Then I saw an angel coming down from heaven, having the key to the bottomless pit and a great chain in his hand. {2} He laid hold of the dragon, that serpent of old, who is the Devil and Satan, and bound him for a thousand years; {3} and he cast him into the bottomless pit, and shut him up, and set a seal on him, so that he should deceive the nations no more till the thousand years were finished. But after these things he must be released for a little while. {4} And I saw thrones, and they sat on them, and judgment was committed to them. Then I saw the souls of those who had been beheaded for their witness to Jesus and for the word of God, who had not worshiped the beast or his image, and had not received his mark on their foreheads or on their hands. And they lived and reigned with Christ for a thousand years."*

(Philippians 3:20-21) *"For our citizenship is in heaven, from which we also eagerly wait for the Savior, the Lord Jesus Christ, {21} who will transform our lowly body that it may be conformed to His glorious body, according to the working by which He is able even to subdue all things to Himself."*

(John 15:19) *"If you were of the world, the world would love its own. Yet because you are not of*



the world, but I chose you out of the world, therefore the world hates you."

2. New _____, verses 24-25



3. New _____, verses 26-30

