

No one gets away with lying. In Acts 5, Ananias and Sapphira thought they were lying only to Peter and the other believers. But the apostle said to them, “You have not lied to men but to God” (v.4).

Truth is one of the attributes of God. So when we tell a lie, we offend Him. And sooner or later He will uncover every falsehood—if not in this life, then at the final judgment, when we each give an account of ourselves to God (Romans 14:10-12).

We live in a highly competitive world, and sometimes we may be strongly tempted to shade the truth to get ahead. But the short-term gains from lying are worth little compared with the long-term benefits of telling the truth.

If you have deceived someone, confess it to that person and to the Lord. It may be humbling, but it’s the first step to restoring integrity in your life.

*The road that leads to misery
Is caused by a tongue that wags;
Beware of lying lips, my friend,
And a mouth that boasts and brags. —Shade*

If you always tell the truth, you will never be trapped in a lie



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Please feel free to contact the Pastor for any needs you may have, queries, or questions about our church family.

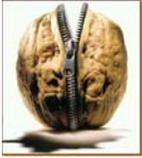
Central Mountains Baptist Church

AUGUST 24, 2014

Which Tire Was It?

One sunny day, four high school boys couldn’t resist the temptation to skip classes. The next morning they explained to their teacher that they had missed her class because their car had a flat tire. To their relief, she smiled and said, “Well, you missed a quiz yesterday.” But then she added, “Take your seats and get out a pencil and paper. The first question is: Which tire was flat?”





Romans: Truth in a Nutshell

(unzipped for you)

Accepting Differences

In Romans 14:1-15:7 Paul gives us 6 instructions to maintain harmony when there is a difference of opinion amongst Christians. Today the first three:

1. _____ others, 14:1-2, 5-6, 17, 20, 15:7

(Acts 28:2) "And the natives showed us unusual kindness; for they kindled a fire and made us all welcome, ..."

(Colossians 2:20-23) "Therefore, if you died with Christ from the basic principles of the world, why, as though living in the world, do you subject yourselves to regulations; {21} "Do not touch, do not taste, do not handle," {22} which all concern things which perish with the using; according to the commandments and doctrines of men? {23} These things indeed have an appearance of wisdom in self-imposed religion, false humility, and neglect of the body, but are of no value against the indulgence of the flesh."

(2 Timothy 2:24-25) "And a servant of the Lord must not quarrel but be gentle to all, able to teach, patient, {25} in humility correcting those who are in opposition, if God perhaps will grant them repentance, so that they may know the truth,"

(Titus 3:10-11) "Reject a divisive man after the first and second admonition, {11} knowing that such a person is warped and sinning, being self-condemned."

(Mark 7:18-23) "... Are you thus without understanding also? Do you not perceive that whatever enters a man from outside



Any drink containing 10 grams of alcohol is a standard drink

These are standard drinks

 =  = 		
1 middy/pot/285 ml of full strength beer (4.9% Alc./Vol)	2 middies/pots/285 ml of light strength beer (2.7% Alc./Vol)	1 small glass/100 ml of wine/champagne (12% Alc./Vol)
 =  = 		
1 nip 30 ml of spirits (40% Alc./Vol)	1 small glass 60 ml of fortified wine (20% Alc./Vol)	one standard drink

Check for standard drink information on bottles and cans

how many standard drinks to help stay under .05?

This is a guide only. Some people can manage less.

men	women
first hour 2	1 first hour
every hour after that 1	1 every hour after that

Department of Infrastructure, Transport, Regional Development and Local Government



cannot defile him, {19} "because it does not enter his heart but his stomach, and is eliminated, thus purifying all foods?" {20} And He said, "What comes out of a man, that defiles a man. {21} "For from within, out of the heart of men, proceed evil thoughts, adulteries, fornications, murders, {22} "thefts, covetousness, wickedness, deceit, lewdness, an evil eye, blasphemy, pride, foolishness. {23} "All these evil things come from within and defile a man. "' **(Ephesians 5:18)** "And do not be drunk with wine, ..."

2. Don't _____, 14:3-4, 10, 13, 13:14, 12:17

(Ephesians 5:18-19) "And do not be drunk with wine, in which is dissipation; but be filled with the Spirit, {19} speaking to one another in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord,"

(Ephesians 2:1-3) "And you He made alive, who were dead in trespasses and sins, {2} in which you once walked according to the course of this world, according to the prince of the power of the air, the spirit who now works in the sons of disobedience, {3} among whom also we all once conducted ourselves in the lusts of our flesh, fulfilling the desires of the flesh and of the mind, and were by nature children of wrath, just as the others."

(Colossians 3:16) "Let the word of Christ dwell in you richly in all wisdom, teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord."



3. Please _____, 14:7-12

