

Recreation

(Mark 6:12-36)
(Matthew 11:1) "Now it came to pass, when Jesus finished commanding His twelve disciples, that He departed from there to teach and to preach in their cities."
(John 6:3-4) "And Jesus went up on the mountain, and there He sat with His disciples. {4} Now the Passover, a feast of the Jews, was near."

Jesus' words in Mark 6:31 lead us to ask two questions about rest:

1. What activities can be considered _____ ?

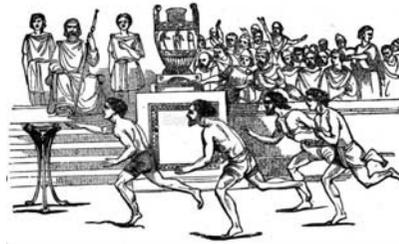
◆ Rest

(Genesis 2:2) "And on the seventh day God ended His work which He had done, and He rested on the seventh day ..."
(Psalms 23:2-3) "He makes me to lie down in green pastures; He leads me beside the still waters. {3} He restores my soul; ..."
(Matthew 11:28-30) ""Come to Me, all you who labor and are heavy laden, and I will give you rest. {29} Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. {30} For My yoke is easy and My burden is light.""
(Hebrews 4:1-2) "Therefore, since a promise remains of entering His rest, let us fear lest any of you seem to have come short of it. {2} For indeed the gospel was preached to us as well as to them; but the word which they heard did not profit them, not being mixed with faith in those who heard it."
(Hebrews 4:9-10) "There remains therefore a rest for the people of God. {10} For he who has entered His rest has himself also ceased from his works as God did from His."
(Revelation 14:13) "... Write: 'Blessed are the dead who die in the Lord from now on.' " "Yes," says the Spirit, "that they may rest from their labors, and their works follow them."
(1 Corinthians 16:18) "For they refreshed my spirit and yours. ..."

- ◆ _____ out
- ◆ R _____
- ◆ E _____



- ◆ S _____
(Proverbs 10:23) "To do evil is like sport to a fool, ..."
(Ephesians 6:12) "For we do not wrestle against flesh and blood,"
(1 Corinthians 9:26) "Therefore I run thus: not with uncertainty. Thus I fight: not as one who beats the air."



- ◆ A _____
- ◆ G _____
- ◆ D _____

(Exodus 15:20) "Then Miriam .. took the timbrel in her hand; and all the women went out after her with timbrels and with dances."
(Exodus 32:19) ".. as soon as he came near the camp, ..he saw the calf and the dancing. So Moses' anger became hot, ..."
(1 Samuel 18:6-7) ".. when David was returning from the slaughter of the Philistine, .. the women had come out of all the cities of Israel, singing and dancing, to meet King Saul, with tambourines, with joy, and with musical instruments. {7} So the women sang as they danced, and said: "Saul has slain his thousands, And David his ten thousands.""



- ◆ T _____
(Acts 19:29) "So the whole city was filled with confusion, and rushed into the theater with one accord, having seized .. Paul's travel companions."
(Matthew 6:2) ""Therefore, when you do a charitable deed, do not sound a trumpet before you as the hypocrites do ..."

- ◆ P _____
(Psalms 16:11) ".. In Your presence is fullness of joy; At Your right hand are pleasures forevermore."
(Psalms 36:7-8) "How precious is Your lovingkindness, O God! {8} They are abundantly satisfied ..., And You give them drink from the river of Your pleasures."
(Proverbs 21:17) "He who loves pleasure will be a poor man; ..."
(Ecclesiastes 2:1) "I said in my heart, "Come now, .. enjoy pleasure"; but surely, this also was vanity."
(Luke 8:14) ""Now the ones that fell among thorns are those who, when they have heard, go out and are choked with cares, riches, and pleasures of life, and bring no fruit to maturity."

2. How do I test if the activities are _____ or _____?

- ◆ Can I do this activity to the _____ of _____?
(1 Corinthians 10:31) "Therefore, whether you eat or drink, or whatever you do, do all to the glory of God."
(Luke 12:19-21) ""And I will say to my soul, "Soul, you have many goods laid up for many years; take your ease; eat, drink, and be merry."" {20} "But God said to him, 'Fool! This

night your soul will be required of you; then whose will those things be which you have provided?' {21} "So is he who lays up treasure for himself, and is not rich toward God.""

- ◆ Am I wasting my _____?
(Ephesians 5:15-16) "See then that you walk circumspectly, not as fools but as wise, {16} redeeming the time, because the days are evil."



- ◆ Has this activity become an _____?
(1 Corinthians 6:12) "... All things are lawful for me, but I will not be brought under the power of any."

- ◆ Does this activity involve _____?
(1 Timothy 2:9-10) "in like manner also, that the women adorn themselves in modest apparel, with propriety and moderation, not with braided hair or gold or pearls or costly clothing, {10} but, which is proper for women professing godliness, with good works."
(Matthew 5:28) ""But I say to you that whoever looks at a woman to lust for her has already committed adultery with her in his heart."



- ◆ Is the _____ godly?
(1 John 2:15) "Do not love the world or the things in the world. If anyone loves the world, the love of the Father is not in him."

- ◆ Does it promote _____?
(Ephesians 5:17) "Therefore do not be unwise, but understand what the will of the Lord is."

- ◆ Does it involve a temptation to _____?
- ◆ Can I lose _____ of _____?
(Ephesians 5:18) And do not be drunk with wine, in which is dissipation; but be filled with the Spirit,"

- ◆ Is it _____? Am I _____ myself?
(1 Corinthians 13:4-5) "Love suffers long and is kind; love does not envy; love does not parade itself, is not puffed up; {5} does not behave rudely, .."

- ◆ Can I honour the Lord's _____?
(Hebrews 10:24-25) "And let us consider one another in order to stir up love and good works, {25} not forsaking the assembling of ourselves together, ..."
(1 John 5:3) "For this is the love of God, that we keep His commandments. And His commandments are not burdensome."